

# **Sailing Instructions 2023**

## **Southold Yacht Club Series 2023**

Monday Night Racing Series: June 26, July 3, 10, 17, 24, 31 – 6PM start

August 7, 14, 21 – 5:45PM start

Saturday Morning Opti Series: see SYC calendar for dates 10am start

**Southold Yacht Club, 165 North Parish Dr., Southold, NY**

### **1. SERIES**

Southold Yacht Club hosts two season series: Saturday Morning Opti Series and Monday Night Racing Series. In addition there is a one day regatta: The Family Regatta.

Schedule of Racing:

Monday Night Racing Series: June 27, July 11,18,25, August 1 – 6PM start

August 8,15, 22 – 5:45PM start

Saturday Morning Opti Series: See SYC calendar for dates 10am start

### **2. RULES**

The series will be governed by the rules as defined in “The Racing Rules of Sailing” (RRS), individual class rules, and these sailing instructions. Coaching during the race will only be allowed for the Opti Saturday Morning Series, and for sailing school students during MNR coached by their instructors. This changes RRS 41.

### **3. ENTRIES:**

Competitors must register by paying the entry fee of \$30.00 per sailor for each series as outlined below. Fees may be left in a clearly marked sealed envelope in the Treasurer’s Box at SYC or given to Celeste Flick. Check preferred.

### **ELIGIBILITY AND ENTRY**

- Monday Night Racing is open to Sunfish, Sunfish Doubles, C420 and Laser classes; SYC adult members and guests as outlined below. All competent junior sailors are encouraged to sail, but must be comfortable with standard racing skills, be able to sail in a seamanlike manner, and know and abide by the RRS. If there is a question regarding eligibility for a junior sailor please speak to their instructor and to Beth Fleisher, Race Committee Chair.

- Saturday Morning Opti series is open to SYC junior sailing program Opti sailors. The Saturday Morning Opti series is run by SYC sailing instructors. Coaching by instructors is allowed in order to grow skills in young sailors, but shall not give a sailor undue advantage. This changes RRS 41.
- Eligible boats may enter by crossing the starting line, but are requested to give their name and confirm their sail number to the Race Committee. All competing boats must have a legible sail number.
- No sailor will be scored or considered registered unless their fee is paid.
- Guests are allowed to compete in the Monday Night Racing. They may sail the first day free, but are required to pay \$30 for the series thereafter. Guests may use SYC facilities immediately before and after racing, but are not able to store boats or gear on SYC property.

#### **4. NOTICES TO COMPETITORS:**

Notices to competitors and race results will be posted on the Official Notice Board located in the yacht club. A postponement or cancellation can be either announced verbally and posted on the Official Race Committee Notice Board, posted to the SYC FaceBook page, posted on the SYC front door if the club is closed, or emailed to all SYC members. Cancellations due to weather or other safety issues are at the discretion of the Race Committee, and not subject to dispute or protest.

#### **5. COMPETITORS' MEETING & RACING SCHEDULE**

A competitors' meeting may be held 30 minutes before the first race of the season for each of the two series. The Racing Schedule for each series is available on the SYC website, on the NOR & SIs, and posted on the Race Committee board in the clubhouse.

To receive a start for the day, a fleet must have three boats in the starting area. To be scored for the day, a fleet must have three boats start at least one race that day.

Sunfish Doubles will start with Sunfish and will be scored with Sunfish, but will be eligible for separate class trophies if three or more qualify for the series. See NOR for details.

#### **6. RACING AREA/COURSES/MARKS**

Courses are at the discretion of the Race Committee, and will be communicated before the start of each race. They may include Windward/Leeward; Triangle; and Modified Olympic, marks rounded to port. Other courses may be sailed at the Race Committee's option.

Marks are SYC inflatable buoys.

#### **7. STARTING & FINISHING LINES / STARTING SYSTEM**

The starting & finishing lines will be between an identified RC flag on the RC boat and an inflatable mark to its port side.

The “gate is open” (e.g., sailors may pass through the Start-Finish (S-F) line during the course of racing) when only one fleet is racing. The “gate is closed” (e.g., sailors may not pass through the S-F line) when more than one fleet is racing.

The three minute dinghy start will be used. Starts are not rolling. See Appendix A. NOTE: this is an audible system, no visual signals will be used.

## **8. TIME LIMIT**

The time limit for the first boat in each race will be 30 minutes. At the discretion of the RC, a boat that has not finished more than 5 minutes after the first boat has finished may be awarded a DNF.

## **9. PENALTIES and PROTESTS**

*It is expected that all competitors will adhere to the RRS. If you foul another competitor or hit a mark take your penalty. The Race Committee expects all matters to be resolved on the water, and that protests will be avoided.*

A one turn penalty is in affect for a boat that may have or has broken a rule in Part Two of the RRS. This changes RRS44.1. Sailors shall familiarize themselves with RRS 44.1 and 44.2. Rule 44.3 Scoring Penalty is not in effect.

A protestor must inform the Race Committee of the incident at the first available opportunity after finishing the race in which the incident occurred. All protests must be delivered to the Race Committee on the appropriate form within 30 minutes of the RC returning to the beach. Protests involving students in the Junior Sailing Program may be heard during a class section. Protests involving one or more non-students will be heard at the earliest convenient time for all parties involved.

## **10. SCORING & AWARDS**

The scoring system is as follows: Low point scoring. See the RRS Appendix A Scoring.

Three races must be completed to constitute a series.

Final series standing will be calculated for each boat using only the top 60% of the total races sailed by said boat over the entire series. Only the boat’s best scores will be used, except in the case of a DNE or similar.

**11. SAFETY:**

All participants are required to wear a Coast Guard approved personal floatation device at all times when on the water. This includes before and after racing. Failure to wear a PFD will result in disqualification. See RSS 40.1 & 40.2.

**12. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. This includes concerns regarding COVID-19.

**22 FURTHER INFORMATION**

For further information please contact Beth Fleisher, Race Committee Chair, Southold Yacht Club: [BMFbethfleisher@gmail.com](mailto:BMFbethfleisher@gmail.com).

**APPENDIX A: THREE MINUTE STARTING SEQUENCE**

3 Minutes	3 Long Blasts on HORN	3 Minute Signal
2 Minutes	2 Long Blasts on HORN	2 Minute Signal
1:30	1 Long Blast and 3 Short Blasts on HORN	1 _ Minute Signal
1Minute	1 Long Blast on HORN	1 Minute Signal
0:30 Seconds	3 Short Blasts on HORN	30 Seconds to Start
0:20 Seconds	2 Short Blasts on HORN	20 Seconds to Start
0:10 Seconds	1 Short Blast on HORN	10 Seconds to Start
0:05 Seconds	5 Blasts on	5, 4, 3, 2,

**START**

HORN - 1  
Countdown to Second(s)  
START to Start

**1 Long Blast START**  
**on HORN**