



## SOUTHOLD YACHT CLUB SAILING SCHOOL 2024

### SAFETY POLICIES FOR STUDENTS AND PARENTS

*Please note that these safety policies are not intended to be an exclusive list. Additional or updated policies may be communicated to you at orientation or during the course of the sailing school program.*

1. All students **must** come to class with an appropriately sized **US Coast Guard approved life jacket, a whistle attached to the life jacket, closed toe water shoes (such as, but not limited to, "Crocs") and a water bottle.** Any student that does not have these items may not be permitted to participate in lessons. Parents should ensure that the life jacket fits properly and that the straps are appropriately tightened and students should fasten all buckles and zippers before leaving the beach.
2. Students are encouraged to wear **sunblock, bug spray, hats and sunglasses,** to the extent determined necessary by their parents. Sunblock and bug spray must be applied by parents prior to dropping children off for lessons. Staff will not apply sunblock or bug spray to students. Bringing a towel is also recommended.
3. **A parent or another designated adult should pick up his or her children on time at the end of lessons, or otherwise arrange for supervision of the child at the Club after lessons.** Children must not be left unattended when their lessons are over, and staff is not available to monitor children once their lessons have ended.
4. **Lessons may be cancelled or held entirely on land** if the sailing program director, assistant director or head instructor determines that it is not appropriate for students to sail due to the actual or impending weather conditions (including lightning, thunderstorms, high winds or heavy rain).
5. **Parents are required to monitor their children for symptoms of COVID-19 or other communicable illness.** If a student has tested positive for COVID-19 or any other communicable illness, or is exhibiting symptoms of COVID-19 or other communicable illness, the student should not come to class and the program director should be notified. Symptoms of COVID-19 include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting and diarrhea. If a student exhibits symptoms of COVID-19 or other communicable illness during his or her sailing lesson, the student's parent or designated emergency contact will be contacted and must pick the student up. Safety policies cannot eliminate the potential for exposure to Covid-19 or any other illness. Parents must evaluate the particular circumstances applicable to their families and determine if it is appropriate for their child to participate in the sailing school program.